





Non4mal 4all – From beginning to a Fantastic Course

In 2016 we joined a very interesting project with a very interesting team it meant that we strated to focus on non formal activities. We were very happy that we could take part in this project because we believed in non formal activities very much.

In november we could meet with the partners's management team facet to face in Bucharest and this very interesting project could have begun in real.



After this meeting we knew that we would have a big job in Portugal in February 2017. So we summarized our knowledge in this field with the colleauges and looked for Portugal.

In Portugal we knew each other and the Portugal education system better at first. We met the fantastic APCAS team, they showed us their projects and friends. We visitited some schools and we got an inside view of schools. We experienced the impressive volunteer system of APCAS and how they could involve the students of regular schools in specaial sports for example boccia. They have got a special system for teenagers who left the school too early. They involved them to the kindergarten as an "assistant". This is a very successful project and a very good sample.









It was very important for us that the most important thing is always the people. Doesn't matter really the building, the infrastructure, the tool, of course they can support us, but you can never substitute your colleauge and your team.

We could try together some sports also. We played together boccia and goalball and we met with David Rodrigues who talked about special sports also.



At the fourth day we started to work on the course.

During these days we worked together very efficiently and everybody put their knowledge in it to create a very useful course.